



Price List



Reflexology Treatments

Foot Reflexology

60 minutes — £45

30 minutes — £28

Hand Reflexology

45 minutes — £35

Introductory Taster Session

30 minutes — £15

Aromatherapy Add-On

Personalised essential oil blend — £6



Specialist Reflexology Support

Treatments can be tailored to your individual needs, with specialist training in:

- Menopause Support
- Fertility & Preconception Support
- Maternity Reflexology
- Advanced Musculoskeletal Techniques
- Pain Management
- Adaptive Integrated Reflexology — particularly supportive for stress and relaxation
- Child & Baby Reflexology
- Supportive Reflexology for Cancer & Palliative Care



Every treatment is personalised to you.